

Food Box & Grocery Assistance Programs

Arizona Statewide

- **Arizona Food Bank Network (AzFBN)**
Statewide network of food banks and pantries providing free food boxes to families in need.
 - Phone: (602) 528-3434
 - Find a food bank near you: <https://azfoodbanks.org>
 - **St. Mary's Food Bank (Phoenix & Statewide Distribution)**
 - One of the nation's largest food banks, offering emergency food boxes, mobile pantries, and senior food programs.
 - Phone: (602) 242-3663
 - Website: <https://www.firstfoodbank.org>
 - **United Food Bank (East Valley & Eastern AZ)**
 - Distributes emergency food boxes and supplies to agencies and mobile pantries.
 - Phone: (480) 926-4897
 - Website: <https://unitedfoodbank.org>
 - **Community Action Agencies (CAA)**
 - Provide food boxes along with rental, utility, and housing support.
 - Directory: <https://azevictionhelp.org/getting-assistance>
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Phoenix Area

- **Harvest Compassion Center**
 - Free food, hygiene items, and baby supplies for families in crisis.
 - Phone: (602) 788-2444
 - Website: <https://harvestcompassioncenter.org>
 - **Andre House of Arizona**
 - Serves daily meals and distributes food/hygiene packs.
 - Phone: (602) 255-0580
 - Website: <https://andrehouse.org>
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Tucson / Southern Arizona

- **Community Food Bank of Southern Arizona**
 - Provides emergency food boxes, community gardens, and SNAP outreach.
 - Phone: (520) 622-0525
 - Website: <https://www.communityfoodbank.org>
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Nationwide Programs

- **Feeding America**
 - National food bank network with local partners providing free food boxes.
 - Find local partners: <https://www.feedingamerica.org/find-your-local-foodbank>
 - **USDA Emergency Food Assistance Program (TEFAP)**
 - Provides free USDA food boxes through local agencies for low-income families.
 - Info: <https://www.fns.usda.gov/tefap>
 - **211 (United Way)**
 - Call 2-1-1 or visit to find local food banks, pantries, and emergency food assistance.
 - Website: <https://211.org>
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Quick Reference

- Arizona Food Bank Network: <https://azfoodbanks.org> – (602) 528-3434
- St. Mary's Food Bank: <https://www.firstfoodbank.org> – (602) 242-3663
- United Food Bank: <https://unitedfoodbank.org> – (480) 926-4897
- Community Food Bank of Southern Arizona: <https://www.communityfoodbank.org> – (520) 622-0525
- Feeding America (Nationwide): <https://www.feedingamerica.org/find-your-local-foodbank>
- USDA TEFAP: <https://www.fns.usda.gov/tefap>
- 211 Arizona/National: <https://211.org> – Dial 2-1-1